

STATE OF CALIFORNIA  
**Budget Change Proposal - Cover Sheet**  
 DF-46 (REV 08/15)

|   |                       |  |                    |
|---|-----------------------|--|--------------------|
| Fiscal Year<br>2016-17  | Business Unit<br>4560 | Department<br>Mental Health Services Oversight and Accountability Commission | Priority No.<br>2  |
| Budget Request Name<br>4560-300-BCP-DP-2016-A1<br>4560-303-BCP-BCP-DP-2016-A1 |                       | Program<br>4170  | Subprogram<br>NONE |

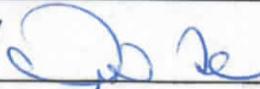
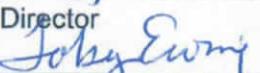
Budget Request Description  
 Advocacy Contracts

Budget Request Summary

The Mental Health Services Oversight and Accountability Commission (MHSOAC or Commission) requests \$200,000 Mental Health Services Fund (MHSF) beginning in Fiscal Year (FY) 2016-17 ongoing funds from the Mental Health Services Act, to support mental health advocacy for lesbian, gay, bisexual, transgender, questioning (LGBT) populations, and \$1 million MHSF ongoing to support advocacy contracts for youth, veterans, and racial and ethnic minorities.

|   |  |      |
|---|--|------|
| Requires Legislation<br><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No   | Code Section(s) to be Added/Amended/Repealed |      |
| Does this BCP contain information technology (IT) components? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No<br><i>If yes, departmental Chief Information Officer must sign.</i>   | Department CIO                               | Date |
| For IT requests, specify the date a Special Project Report (SPR) or Feasibility Study Report (FSR) was approved by the Department of Technology, or previously by the Department of Finance.<br><input type="checkbox"/> FSR <input type="checkbox"/> SPR      Project No.      Date: |  |      |

If proposal affects another department, does other department concur with proposal?    Yes       No  
*Attach comments of affected department, signed and dated by the department director or designee.*

|   |                 |  |                 |
|---|-----------------|--|-----------------|
| Prepared By<br>Norma Pate          | Date<br>2/10/16 | Reviewed By<br>Brian Sala  | Date<br>2/10/16 |
| Department Director<br>Toby Ewing  | Date<br>2/10/16 | Agency Secretary<br>N/A  | Date<br>N/A     |

**Department of Finance Use Only**

Additional Review:    Capital Outlay    ITCU    FSCU    OSAE    CALSTARS    Dept. of Technology

BCP Type:       Policy       Workload Budget per Government Code 13308.05

|   |  |
|---|--|
| PPBA<br> | Date submitted to the Legislature<br>APR 01 2016 |
|---|--|

## Budget Change Proposal - Cover Sheet

DF-46 (REV 08/15)

### A. Budget Request Summary

The Budget Act of 2015 included an appropriation of \$1 million MHSF for competitive bid contracts to support mental health advocacy on behalf of youth, veterans, and racial and ethnic minorities. This request is for these funds to be ongoing.

Additionally, the Commission is requesting \$200,000 MHSF ongoing to support a mental health advocacy contract on behalf of the lesbian, gay, transgender, questioning (LGBTQ) population.

### Background/History

The Mental Health Services Oversight and Accountability Commission (Commission) oversees the activities of statewide stakeholder advocacy contracts funded under Welfare and Institution (W&I) Code Section 5892(d). These contracts, currently held by NAMI California, United Advocates for Children and Families (UACF), California Youth Empowerment Network (CAYEN), and California Association of Mental Health Peer Run Organizations (CAMHPRO) are focused on supporting the mental health needs of clients, consumers, children and youth, and transition aged youth and their families through education, advocacy, and outreach efforts.

These contracts, originally awarded on a sole source basis, were transferred to the Commission after the dissolution of the Department of Mental Health in 2011. Historically, the amount allocated for stakeholder contracts has been a total of \$1,954,000 per year, distributed between the following four populations; clients/consumers, children and youth, transition aged youth, and families of clients/consumers.

The Budget Act of 2015 included an additional \$1 million MHSF, subject to availability of funds within the 5-percent administrative cap, to support mental health advocacy on behalf of youth, veterans, and racial and ethnic minorities to be awarded through a competitive process.

On January 28, 2016, the Commission adopted language for an additional contract to support mental health advocacy on behalf of LGBTQ. The Commission is requesting an additional \$200,000 per year ongoing funds to support this effort.

### B. State Level Considerations

This request builds upon the Administration's and Legislature's policies set forth in the Budget Act of 2015 to support mental health advocacy on behalf of underserved populations.

W&I Code Section 5892(d) requires the Mental Health Services administrative fund to "include funds to assist consumers and family members to ensure the appropriate state and county agencies give full consideration to concerns about quality, structure of service delivery, or access to services."

### C. Justification

The LGBTQ community faces mental health conditions that have negative mental health outcomes due to prejudice and other biases. Advocacy research has found that LGBTQ individuals are almost 3 times more likely than heterosexual individuals to experience a mental health condition such as major depression or generalized anxiety disorder. This fear of being discriminated against for sexual orientation and gender identities can lead to depression, posttraumatic stress disorder, thoughts of suicide and substance abuse.

As a community, LGBTQ individuals do not often talk about mental health and may lack awareness about mental health conditions. This sometimes prevents people from seeking treatment.

The LGBTQ community is also at a higher risk for suicide because of the lack of peer support, mental health conditions and substance abuse. For LGBTQ people aged 10-24, suicide is one of the leading causes of death. LGBTQ youth are 4 times more likely and questioning youth are 3 times more likely to attempt suicide, experience suicidal thoughts or engage in self-harm than heterosexual individuals. Between 38-65% of transgender individuals experience suicidal ideation.

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Advocacy is a key component to raising awareness on mental health issues and ensuring effective and necessary improvement in policy, legislation, and service delivery at the state and local level. W&I Code Section 5892(d) requires the Mental Health Services administrative fund to "include funds to assist consumers and family members to ensure the appropriate state and county agencies give full consideration to concerns about quality, structure of service delivery, or access to services." The additional ongoing funding for advocacy contracts will provide the needed help for these underserved communities.

### D. Outcomes and Accountability

Advocacy contracts increase participation by underserved populations in discussions to address the mental health needs of consumers and their families through education, advocacy, and outreach efforts. The Commission will release a Request for Proposal in July 2016 with a focus on supporting the mental health needs of the LGBTQ communities, as well as youth, veterans, and racial and ethnic minorities through education, advocacy, and outreach efforts.

### E. Analysis of All Feasible Alternatives

**Alternative 1:** Approve \$1.2 million to support ongoing mental health advocacy contracts for lesbian, gay, bisexual, transgender, questioning (LGBT) populations, as well as youth, veterans, and racial and ethnic minorities.

**Pro:** The Commission will have \$1.2 million to support additional mental health advocacy contracts for underserved populations.

**Con:** Given the volatility of MHSF revenues, these ongoing resources place additional pressures on the 5-percent administrative cap available for state operations.

**Alternative 2:** Limit advocacy contracts to current funding levels

**Pro:** The Commission will use existing limited funds to support all mental health advocacy contracts.

**Con:** The Commission will not be able to support the additional mental health advocacy contracts on an ongoing basis.

**Alternative 3:** Redirect existing funds.

**Pro:** Requires no augmentation to current budget.

**Con:** Limits participation of underserved populations in mental health discussions to address the needs of consumers and their families.

### F. Implementation Plan

The Commission will release Request for Proposals for the new mental health advocacy contracts in July 2016. No additional staff is needed to monitor the additional contracts for mental health advocacy efforts.

### G. Supplemental Information

None

### H. Recommendation

Alternative 1: Approve \$1,200,000 ongoing MHSA funds beginning in FY 2016-17 to support ongoing mental health advocacy contracts for the LGBTQ population, as well as youth, veterans and racial and ethnic minorities to increase participation in mental health discussions to address the needs of consumers and their families.

# BCP Fiscal Detail Sheet

BCP Title: Advocacy Contracts

DP Name: 4560-300-BCP-DP-2016-A1

## Budget Request Summary

|  | FY16       |              |              |              |              |              |
|--|------------|--------------|--------------|--------------|--------------|--------------|
|  | CY         | BY           | BY+1         | BY+2         | BY+3         | BY+4         |
| Operating Expenses and Equipment                       |            |              |              |              |              |              |
| 5340 - Consulting and Professional Services - External | 0          | 200          | 200          | 200          | 200          | 200          |
| <b>Total Operating Expenses and Equipment</b>          | <b>\$0</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> |
| <b>Total Budget Request</b>                            | <b>\$0</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> |

## Fund Summary

|  |            |              |              |              |              |              |
|--|------------|--------------|--------------|--------------|--------------|--------------|
| Fund Source - State Operations             |            |              |              |              |              |              |
| 3085 - Mental Health Services Fund         | 0          | 200          | 200          | 200          | 200          | 200          |
| <b>Total State Operations Expenditures</b> | <b>\$0</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> |
| <b>Total All Funds</b>                     | <b>\$0</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> |

## Program Summary

|   |            |              |              |              |              |              |
|---|------------|--------------|--------------|--------------|--------------|--------------|
| Program Funding   |            |              |              |              |              |              |
| 4170 - Mental Health Services Oversight and Accountability Commission | 0          | 200          | 200          | 200          | 200          | 200          |
| <b>Total All Programs</b>   | <b>\$0</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> | <b>\$200</b> |

# BCP Fiscal Detail Sheet

BCP Title: Advocacy Contracts

DP Name: 4560-303-BCP-DP-2016-A1

## Budget Request Summary

|  | FY16       |                |                |                |                |                |
|--|------------|----------------|----------------|----------------|----------------|----------------|
| CY   | BY         | BY+1           | BY+2           | BY+3           | BY+4           |                |
| Operating Expenses and Equipment                       |            |                |                |                |                |                |
| 5340 - Consulting and Professional Services - External | 0          | 1,000          | 1,000          | 1,000          | 1,000          | 1,000          |
| <b>Total Operating Expenses and Equipment</b>          | <b>\$0</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> |
| <b>Total Budget Request</b>                            | <b>\$0</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> |

## Fund Summary

|  |            |                |                |                |                |                |
|--|------------|----------------|----------------|----------------|----------------|----------------|
| Fund Source - State Operations             |            |                |                |                |                |                |
| 3085 - Mental Health Services Fund         | 0          | 1,000          | 1,000          | 1,000          | 1,000          | 1,000          |
| <b>Total State Operations Expenditures</b> | <b>\$0</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> |
| <b>Total All Funds</b>                     | <b>\$0</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> |

## Program Summary

|   |            |                |                |                |                |                |
|---|------------|----------------|----------------|----------------|----------------|----------------|
| Program Funding   |            |                |                |                |                |                |
| 4170 - Mental Health Services Oversight and Accountability Commission | 0          | 1,000          | 1,000          | 1,000          | 1,000          | 1,000          |
| <b>Total All Programs</b>   | <b>\$0</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> | <b>\$1,000</b> |